



POVERTY IN PRESTON

Many neighbourhoods in Preston have long suffered high levels of deprivation. With the recession, growing unemployment and tightening of benefit entitlements, need increases. Many households on tight budgets have to choose between food and other necessities like heating or clothing.

Already churches like The Salvation Army, Freedom Centre, Longton Community Church, Fulwood Free Methodist Church and St Mary's Leyland are regularly giving out food parcels to needy households

They report ever increasing need. At The Salvation Army alone up to 50 households are helped each month.

Referrals include families with young children, young people, homeless and near homeless adults.

PLEASE HELP US TACKLE POVERTY TOGETHER



THE FOOD BANK is a project of Preston Christian Action Network supported by and in partnership with Church Urban Fund, Methodist Action and The Salvation Army

Preston Christian Action Network is an emerging network of churches and Christian social action projects in the city. Our aims are:

- to develop and encourage good practice in Christian social action and urban ministry,
- share expertise, information and resources
- promote the church's contribution in community welfare to the authorities and the general public
- get more Christians involved in prayer and practical action for the needs of people in our city



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Preston in Central Lancashire Ltd



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PRESTON CHRISTIAN ACTION NETWORK

COMMUNITY FOOD BANK

TACKLING POVERTY TOGETHER



WHAT'S THE IDEA?

To collect large quantities of non perishable foods, from the churches, from the public, from the retailers.

Distribute emergency food parcels.

A variety of items 9 or 10 free of charge (normally no more than one per household per month).

On the basis (normally) of referrals from churches, social care agencies etc.

Initially from a central depot at The Salvation Army and then as we expand from other churches and centres in deprived areas around the district

WHAT YOU CAN DO: DONATING FOOD

We are grateful to receive donations from individuals, churches, or other groups and organisations.

THE MAIN ITEMS REQUIRED ARE NON PERISHABLE FOODS:

CANS OF: Meat, fish, stews, soups, vegetables (potatoes, beans, carrots, peas, sweetcorn etc), fruit, creamed rice, custard, other desserts

DRIED FOODS: Pasta, rice, noodles (including pot noodles), small variety packs of breakfast cereals, biscuits. Small packets of other items: such as teabags, coffee, sugar, snacks.

TOILETRIES: such as soap, razors, toothbrushes, toothpaste, small bottles of shampoo, deodorants are also welcome.

Please note all items must be "in date" or they will have to be dumped.

IF YOU BELONG TO A CHURCH, COMMUNITY GROUP OR SCHOOL YOU COULD PERHAPS THINK ABOUT:

Finding a volunteer to take charge of promoting the project.

Having a collecting box in your church or community centre.

Asking your congregation or community to buy a couple of extra cans or packets

when out shopping and donate them

Making a regularly monthly delivery to The

Salvation Army. (Please remember the need is there throughout the year, not just at Harvest Time and Christmas).



HOW TO REFER PEOPLE WHO NEED HELP

If you know someone or a family who is in crisis and without food you can refer them for a food parcel. Check first they haven't already been to the Salvation Army for a food parcel this month as there is a limit of one package per household per calendar month.



Write and sign a brief note.. preferably on headed paper or a compliments slip.. with name of client, today's date and a brief explanation of circumstances.

Send them down to The Salvation Army to collect a parcel.

WHERE ARE WE?

Please deliver food supplies, and refer needy people to

**The Salvation Army
Harrington Street
Preston PR1 7BN**

If you can please phone first to check

01772 555425

info.sapreston@gmail.com

The centre is open between 9am and 3pm each weekday (except Thursday)

